

EMERGENCY RESOURCE LIST

Emergency: 911

AIDS Info:	1-800-HIV-0440 (800-448-0440) TTY: 1-888-480-3739
American Association of Poison Control Centers:	1-800-222-1222
Center for Healthcare Crisis Line:	210-223-7233
Crisis Text Line:	Text "HOME" TO 741741
Drug Rehab: Substance Abuse and Suicide Guide:	http://www.drugrehab.com/guides/suicide-risks/
GLBT Hotline:	1-888-843-4564
Lifeline Crisis Chat (Online live messaging):	http://www.crisischat.org/
National Council on Alcoholism & Drug Dependency Hope Line:	1-800-622-2255
National Domestic Violence Hotline:	1-800-799-SAFE (7233) TTY: 1-800-787-3224 (206) 518-9361 (Video Phone Only for Deaf Callers)
National Eating Disorders Association Helpline:	1-800-931-2237
National Hopeline Network:	1-800-SUICIDE (800-784-2433)
National Sexual Assault Telephone Hotline:	1-800-656-HOPE (4673)
National Suicide Prevention Lifeline:	1-800-273-TALK (8255)
Planned Parenthood Hotline:	1-800-230-PLAN (7526)
Self-Harm Hotline:	1-800-DONT CUT (1-800-366-8288)
Suicide and Crisis Lifeline:	988
Suicide Prevention WIKI:	http://suicideprevention.wikia.com
TREVOR Crisis Hotline (for LGBTQ youth):	1-866-488-7386
United Way:	211
Veterans Crisis Line:	800-273-8255 (and Press 1) TTY: 1-800-799-4889 https://www.veteranscrisisline.net